



# FIRST DAY BIKES SCHEDULE

JOIN US FOR OUR OUTDOOR EXPO AND GROUP BIKE RIDES

**OCTOBER 1, 2023**

## LONG DISTANCE

8:30 AM

FREE REGISTRATION



### Long Distance Ride with Capital City Cyclists

- Capital Circle Trailhead of the Tallahassee to St. Marks Historic Railroad State Trail
- 20 miles on paved trail from the Capital Circle Trailhead to the Wakulla Station Trailhead and back
- Preregistration is required for this ride by visiting: <https://tinyurl.com/mjk29txu>

## ALL AGES

9:00 AM

NO REGISTRATION NEEDED

### All Ages Ride with a Ranger

- Meet at the Capital Circle Trailhead of the Tallahassee to St. Marks Historic Railroad State Trail
- Slow-paced casual ride suitable for all ages and experience levels
- 3 miles total on paved trail

## MOUNTAIN BIKE

9:30 AM

NO REGISTRATION NEEDED

### Mountain Bike Ride with the Tallahassee Mountain Bike Association

- Meet at Munson Hills Trailhead 5140 Woodville Hwy, Tallahassee, FL 32305
- 8 miles total on single track mountain bike trails

*ALL RIDES ARE FREE AND OPEN TO THE PUBLIC  
ALL RIDERS SHOULD BRING THEIR BIKE HELMET AND DRINKING WATER*