

Indian River Lagoon and St. Lucie River Paddling Trails

Paddling Trail Description:

The Martin County paddling trails span 37.7 miles of two river systems - the Indian River Lagoon and St. Lucie River. The Indian River Lagoon portion of the trail is 16.2 miles long and spans between Jensen Beach and Hobe Sound. This portion of the trail is a part of the Indian River Lagoon Aquatic Preserve. There are 8 different public launch or stopover sites along the trail. There is also a 2.6 mile trail spur that goes through St. Lucie Inlet State Park.

The St. Lucie River (South Fork) portion of the trail is 21.5 miles and extends from the Atlantic Ridge State Park/ Halpatiokee area to sites near the Indian River Lagoon and the St. Lucie Inlet. There are 13 different public launch or stopover sites along the trail. There is also a 3.6 mile trail spur that runs between Atlantic Ridge and the Halpatiokee County Preserve.

Public Access:

The Indian River Lagoon and St. Lucie River Paddling Trails consist of 21 public launch or stopover sites managed by different public entities.

Saint Lucie River Sites

Halpatiokee North: Halpatiokee is a 500+ acre County maintained regional park and natural area along the South Fork of the St. Lucie River. This particular site is the location of a kayak concessionaire near the entrance to the park. Facilities include parking, restrooms, a canoe/kayak launch, picnic tables and a connection to trail systems at Halpatiokee Park. The address is 7647 SW Lost River Road, Stuart, FL 34997.

Halpatiokee South: This County maintained preserve area is only accessible by South Fork Waterway Trail or by hiking 2 miles through the trail system at Halpatiokee Regional Park. There is a canoe/ kayak launch, picnic tables, fire rings and camping by permit. Camping permits are available through the Martin County Parks and Recreation Department (#772-288-5400). No restrooms or trash receptacle are available. The address for Halpatiokee Park is 8303 SW Lost River Road, Stuart, FL 34997.

Hosford Park: This County maintained park is located on the east side of the South Fork near the intersection of SW Kanner Hwy and Cove Road. Facilities include parking, a boat ramp, canoe/ kayak launch, picnic tables and trash receptacles. The address is 7474 SW Gaines Ave, Stuart, FL 34997.

Phipps Park: This County maintained Regional Park and campground is near the St. Lucie Locks. Facilities include tent/ RV camping, boat ramps, a beach to launch canoes/ kayaks,

picnic tables, grills, trash receptacles and a hiking trail around a lake. The address is 2175 SW Locks Road, Stuart, FL 34996.

Delaplane Preserve: This 51-acre County preserve area near the where the South Fork and Saint Lucie Waterway meet. The site includes parking facilities, a canoe/kayak launch, a dock, picnic tables, park benches, a shellrock trail. The quarter mile long trail meets the requirements of the Americans with Disabilities Act and connects the parking area with the launch. The address is 6084 SW Gaines Ave., Stuart FL 34996.

Kiplinger Preserve: This 150-acre County maintained preserve area is adjacent to the St. Lucie Waterway. The site includes parking facilities, an ADA Accessible canoe/ kayak launch, picnic tables and a one mile trail. Portaging a canoe/ kayak from the parking area would be challenging, so this site is a recommended stop over for users already on the river. The address is 4146 South Kanner Hwy, Stuart, FL 34996.

Leighton Park: This County owned boat ramp is located on the southwest side of the Palm City Bridge. The site includes parking facilities, a fishing pier, boat ramps, picnic tables and restrooms. The address is 2701 SE Cornell Ave, Palm City, FL 34990.

Shepard Park: This City maintained facility is near downtown Stuart. The park includes parking facilities, boat ramps, a beach for launching for canoes/ kayaks, restrooms, picnic tables and grills. The address is 600 SW Ocean Blvd., Stuart, FL 34994.

Flagler Park: This City maintained facility is located in the heart of downtown Stuart. The park includes parking facilities, a beach for launching canoes/ kayaks, restrooms, trash receptacles, picnic tables, grills, an amphitheater, playgrounds, a basketball court, a waterfront boardwalk and connections to shopping areas in downtown Stuart. The address is 201 SW Flagler Ave., Stuart, FL 34994

Sandsprit Park: This County maintained facility is located near the intersection between the St. Lucie Waterway and the Indian River Lagoon. The park includes parking facilities, boat ramps, a beach for launching canoe/kayaks, restrooms, trash receptacles, picnic tables and grills. The address is 3443 SE Saint Lucie Blvd, Stuart, FL 34997.

Manatee Cover Boat Ramp: This County maintained boat ramp is in the Manatee Pocket area near Port Salerno. The park includes parking facilities, a boat ramp and a pier that can be used to launch paddling vessels. The park is next to a business that rents and sells paddle boards. The site does not have a specific address but it is on the east side of SE Dixie Hwy between Cove and Salerno Roads.

Jensen Beach Causeway: This County maintained park is the northern most site along the Indian River Lagoon portion of the trail. The park has parking facilities, boat ramps, a beach that can be used for launching canoes/kayaks, restrooms, trash receptacles picnic tables and grills. The address is NE Causeway Blvd., Jensen Beach, FL 34957.

Joe's River Park: This County maintained park is on Hutchinson Island. The park has parking facilities, a canoe/ kayak launch, a fishing platform, picnic tables and a 300 foot long boardwalk. The boardwalk connects the parking and the launch facilities. The address is 3500 NE Ocean Blvd., Stuart, FL 34996.

Indian RiverSide Park: This 54-acre County Park is in the Sewell's Point area. The park has parking facilities, a beach, canoe/ kayak launches, a fishing pier with boat slips, picnic tables, trash receptacles, restrooms, an interactive play fountain, a children's museum, a boardwalk through mangroves, an amphitheater and a refurbished historical mansion. The address is 1921 Tuckahoe Dr., Stuart, FL 34996.

River Cove (Stuart Causeway): This small County maintained preserve is just east of the Stuart Causeway on Hutchinson Island. The park has parking facilities and a large beach to launch canoes/ kayaks. Although there is no address, visitors can access the site by taking the first left (north side) from SE Ocean Blvd. on Hutchinson Island.

*Perry Beach: Construction on this County maintained facility will not be completed until the summer of 2018. The park will include parking facilities, boardwalks, a canoe/kayak launch, a covered fishing platform, trash receptacles, picnic tables, park benches and a sidewalk connection to a beach access park. The address is 30 SE MacArthur Blvd., Stuart, FL 34996.

Chastain Beach: This small County maintained facility is on South Hutchinson Island. The park includes parking facilities, restrooms, beach access and an unimproved trail leading between the parking area and a shoreline area to launch canoes/ kayaks. The address is 1213 SE MacArthur Blvd., Stuart, FL 34996.

Spoil Island MC-3: This site is only accessible by water. The 3-acre island includes beach shorelines, fire pits, shady areas and unimproved camping areas. There are no improved facilities on this island. Users are expected to take their trash with them when leaving. GPS Coordinates for the island are Lat: 27d 10' 58", Long: 80d 10' 49".

St. Lucie Inlet State Park: This FDEP managed site at the northern tip of Jupiter Island is only accessible by water. It includes roughly 3 miles of waterway based trail through mangrove habitat, canoe/kayak launching points, boardwalks, restrooms, picnic tables and several miles of sandy beaches. There is no address for the park but the GPS Coordinates for the main park facilities are at Lat: 27d 09' 05", Long: 80d 09'47".

Cove Road Park: This Martin County maintained park is at the end of Cove Road on the west side of the Indian River Lagoon. The park includes parking facilities, picnic tables, and trash receptacles. There is no address for the park but the GPS Coordinates for the facilities are at Lat: 27d 08' 56", Long: 80d 10'07".

Peck Lake Park: This 68-acre Martin County maintained park and preserve is in the Hobe Sound area. The park includes parking facilities, picnic tables, grills, pavilions, restrooms, a beach to launch canoes/kayaks, benches and a half mile long boardwalk connecting the park area to the Indian River Lagoon. Portaging a canoe/kayak from the parking area would be challenging, so this site is a recommended stop over for users already on the river. 8101 SE Gomez Ave., Hobe Sound, FL 33477

Jimmy Graham Park: This County Park and preserve is the southern terminus of the Indian River Lagoon portion of the paddling trail. The park includes parking facilities, a boat ramp, a dock where it is possible to launch canoes/ kayaks, restrooms, picnic tables and trash receptacles. The address is 8555 SE Gomez Ave, Hobe Sound, FL 34996.

Public Safety:

Local EMS answers 911 calls and FWC monitors inland and coastal waters. The Indian River Lagoon and St. Lucie Waterway Trail and launch points are located in close proximity to small population centers; the City of Stuart, Jensen Beach, Port Salerno and Hobe Sound. Law enforcement and medical assistance are available in all of those communities. Trail maps will be available on-line and will also be posted at several of the larger launch sites. Maps will help orient users and provide information on the length of different trail segments.

Management:

The Martin County Ecosystem Restoration and Management Division is committed to the management of the Indian River Lagoon and St. Lucie River Waterway Trails. All waterbodies are sovereign public lands, owned by the Florida Board of Trustees of the Internal Improvement Trust Fund. Martin County, in conjunction with volunteer groups and other agency staff, will regularly monitor the waterway and maintain the public access sites listed above. In addition, the County will work with other partners to ensure that the waterways remain open and clear of any obstructions.