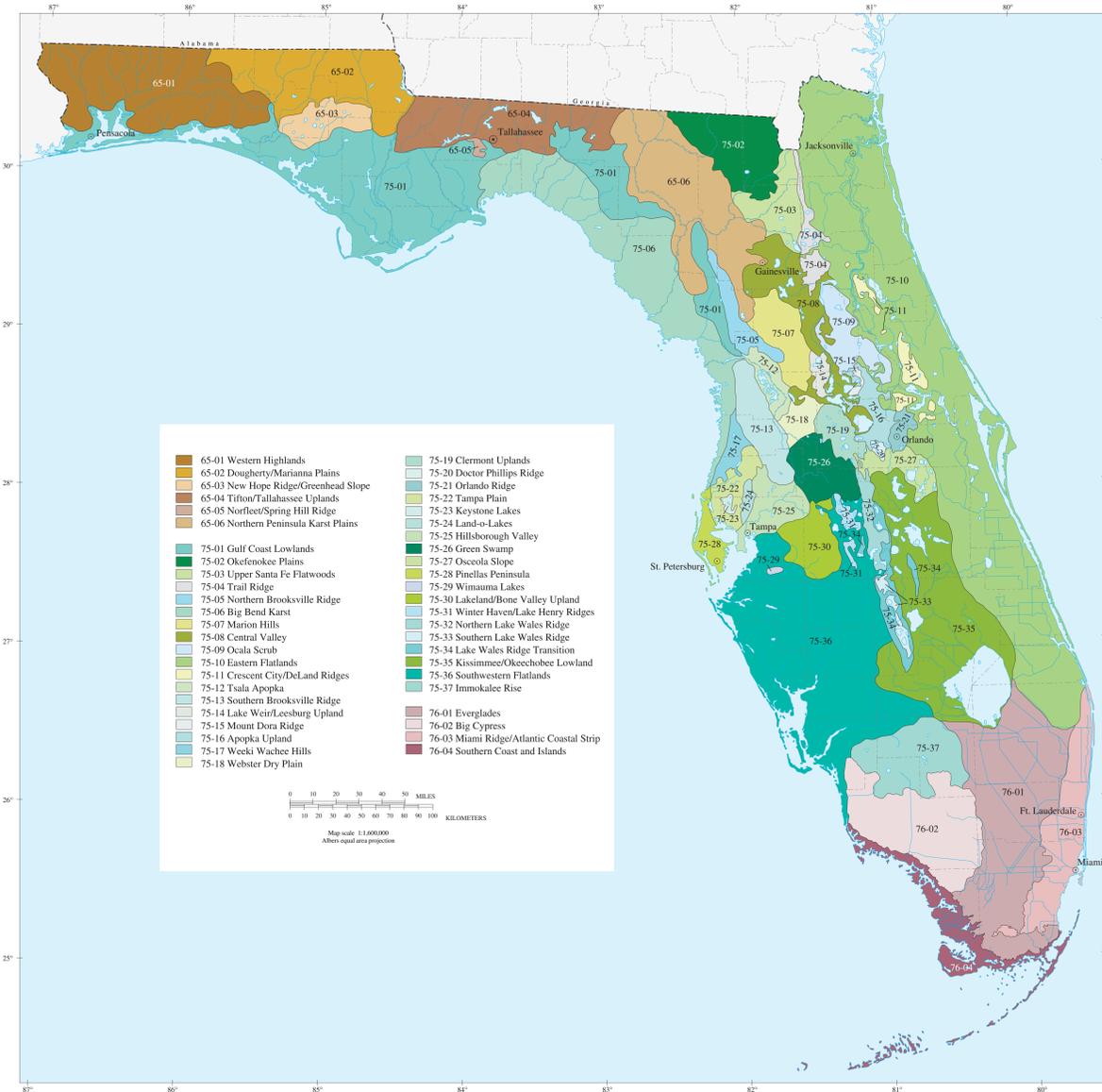


Lake Regions of Florida

Florida's lakes provide important habitats for plants, birds, fish, and other animals, and comprise a valuable resource for human activities and enjoyment. More than 7,000 lakes are found in Florida, and they occur in a variety of ecological settings. The physical, chemical, and biological diversity of these lakes complicates lake assessment and management. In many states, it has been shown that water resources can be managed more effectively if they are viewed within a regional framework that reflects differences in their quality, quantity, hydrology, and their sensitivity or resilience to ecological disturbances. To develop cost-effective lake management strategies that protect or restore water quality in Florida, lake regional differences in the capabilities and potentials of lakes must be considered. Hydrologic unit or basin frameworks are often used for water quality assessments and ecosystem management activities, but these units or basins do not correspond to the spatial patterns of characteristics that influence the physical, chemical, or biological nature of Florida lakes.

General patterns of geology and physiography have been used previously to explain regional differences in Florida lake water chemistry (Canfield and Hoyer 1988; Polman and Canfield 1991), and ecosystem characteristics of Florida lakes have been summarized (Brenner et al.

1990). Building on this work, as well as on a Florida ecoregion framework (Griffith et al. 1994), we have defined these forty-seven lake regions as part of the Florida Department of Environmental Protection's (FL DEP) Lake Bioassessment/Regionalization Initiative. The spatial framework was developed by mapping and analyzing water quality data sets in conjunction with information on soils, physiography, geology, hydrology, vegetation, climate, and land use/land cover, as well as relying on the expert judgment of local limnologists and resource managers. This framework delineates regions within which there is homogeneity in the types and quality of lakes and their association with landscape characteristics, or where there is a particular mosaic of lake types and quality. More detailed descriptions of methods, materials, and lake region characteristics can be found in Griffith et al. (1997). The identifier for each lake region consists of two numbers: the first number (65, 75, or 76) relates to the United States Environmental Protection Agency (USEPA) ecoregion number (Omernik 1987; US EPA 1997), and the second number refers to the Florida lake regions within an ecoregion. The Florida Lake Regions and associated maps and graphs of lake chemistry are intended to provide a framework for assessing lake characteristics, calibrating predictive models, guiding lake management, and framing expectations by lake users and lakeshore residents.



- 65-01 Western Highlands
- 65-02 Dougherty/Marianna Plains
- 65-03 New Hope Ridge/Greenhead Slope
- 65-04 Titton/Tallahassee Uplands
- 65-05 Norflee/Spring Hill Ridge
- 65-06 Northern Peninsula Karst Plains
- 75-01 Gulf Coast Lowlands
- 75-02 Okefenokee Plains
- 75-03 Upper Santa Fe Flatwoods
- 75-04 Trail Ridge
- 75-05 Northern Brooksville Ridge
- 75-06 Big Bend Karst
- 75-07 Marion Hills
- 75-08 Central Valley
- 75-09 Ocala Scrub
- 75-10 Eastern Flatlands
- 75-11 Crescent City/Deland Ridges
- 75-12 Tsala Apopka
- 75-13 Southern Brooksville Upland
- 75-14 Lake Weir/Leesburg Upland
- 75-15 Mount Dora Ridge
- 75-16 Apopka
- 75-17 Weekee Wachee Hills
- 75-18 Webster Dry Plain
- 75-19 Clermont Uplands
- 75-20 Doctor Phillips Ridge
- 75-21 Orlando Ridge
- 75-22 Tampa Plain
- 75-23 Keystone Lakes
- 75-24 Land-o-Lakes
- 75-25 Hillsborough Valley
- 75-26 Green Swamp
- 75-27 Osceola Slope
- 75-28 Pinellas Peninsula
- 75-29 Wimaua Lakes
- 75-30 Lakeland/Bone Valley Upland
- 75-31 Winter Haven/Lake Henry Ridges
- 75-32 Northern Lakes Ridges
- 75-33 Southern Lake Wales Ridge
- 75-34 Lake Wales Ridge Transition
- 75-35 Kissimmee/Okceehobe Lowland
- 75-36 Southwestern Flatlands
- 75-37 Immokalee Rise
- 76-01 Everglades
- 76-02 Big Cypress
- 76-03 Miami Ridge/Atlantic Coastal Strip
- 76-04 Southern Coast and Islands

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Small ponds and reservoirs on the sandy soils are typical in region 65-01.



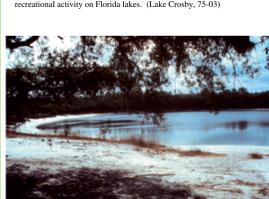
Some coastal dune lakes in 75-01 contain freshwater fish, with saltwater fish in the more saline bottom layers.



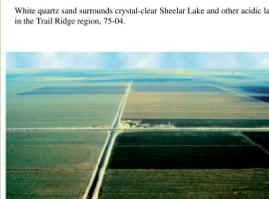
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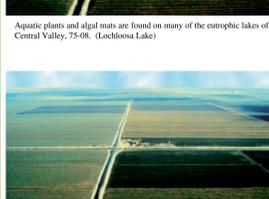
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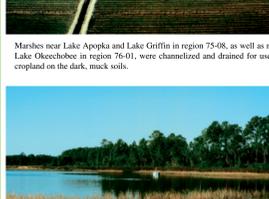
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65-01 The rolling hills of the **Western Highlands** lake region are covered by mixed hardwood and pine forest, with some cypress and pasture. It is a region of streams, but very few natural lakes. The region contains some oxbow lakes and other lowland lakes of the river floodplains. A few ponds and small reservoirs for cattle or recreation have been created by damming up small drainage. Similar to the streams of the region that feed these small reservoirs, they would generally be turbid, softwater, low to moderate nutrient lakes, with high nutrient inputs were low. However, most lakes in this region, including Karst, Hurricane, and Bear lakes, have been artificially limed and fertilized in an attempt to increase fish production. Phosphorus values have increased for some of these lakes from the 10-20 µg/L range in the 1970s to more than 70 µg/L by the 1990s.

65-02 The **Dougherty/Marianna Plains** lake region is an eroded limestone area that is generally more flat than the regions to the east and west, with agriculture as a dominant land use. Elevations are generally 100 to 200 feet, but include Florida's high point of 345 feet in northwest Walton County. The Florida aquifer is at or near the surface in much of the region. The solution activity on the limestone bedrock has formed numerous sink, caverns, springs, and other features. Many of the lowland lakes are more acidic and dark, have deep swamps, or gum ponds, contain ponds or small lakes surrounded by cypress trees and other hydrophytic vegetation. The limestone is exposed in some areas, but in other areas, sands and clayey sands reach thicknesses over 200 feet. The chemical characteristics of the water are similar to the water in the limestone bedrock, but with bedrock or its isolation from the bedrock by deposits of sands and clays. Most of these lakes can be characterized as relatively clear, acidic to slightly acidic, softwater lakes, generally oligo-mesotrophic or mesotrophic. Merritt Mill Pond is spring fed and different, with high pH, low iron, and high nitrate. Lake DeFuniak is surrounded by urbanization, but remains clear and unproductive with low color and low nutrients.

65-03 The **New Hope Ridge/Greenhead Slope** is an upland sand ridge region, 100-300 feet in elevation, with a relatively high density of solution lakes for the Florida Panhandle. Similar to other well-drained upland sand ridge areas in Florida, the region is a high recharge area for the Floridan aquifer. It contains clear, acidic, softwater lakes of extremely low mineral content. The lakes are very low in nitrogen and phosphorus, low in chlorophyll *a*, and are among the most oligotrophic lakes in the United States. Along with the lakes in the Trail Ridge region (75-04), these are some of the most acid-sensitive lakes in Florida. Lakes connected to stream drainages, such as Black Double Lake and Lighter Log Lake in Washington County are more colored.

Many clearer lakes are found in region 65-03, and a few clearer lakes, such as Lake Cassidy, occur in 65-02.

75-01 Several types of lakes occur in the **Gulf Coast Lowlands** lake region, including coastal dune lakes, flatwoods lakes, "edge lakes", river floodplain or oxbow lakes (Dead Lake), and reservoirs (Deer Point Lake). Most of the lakes tend to be darkwater, acidic, softwater lakes with low to moderate nutrients. Coastal dune lakes have higher sulfate, sodium, and chloride levels than inland lakes, and can freshen or turn salty depending on rainfall, saltwater input, or salt spray. Flatwoods lakes receive the majority of their water from direct rainfall and runoff from surrounding poorly drained soils. Sag ponds or "edge lakes" are found at the foot of relict marine terrace spurs or where soluble limestone that is near the surface abuts an upland of thick insoluble sands. An example is Chunky Pond near the western edge of the Northern Brooksville Ridges (75-05).

75-02 The **Okefenokee Plains** lake region consists of flat plains and terraces with pine flatwoods and swamp forests over peat, muck, clayey sand, and phosphatic deposits. The few lakes in the region are primarily in the southern part, and include Ocean Pond, Palestine Lake, Swift Creek Pond, and Lake Fisher. These are highly acidic, darkly colored, softwater lakes. The region's median pH value of 4.7 is the lowest of all the Florida lake regions. Although Ocean Pond is one of Florida's most acidic lakes, it supports a sustained sport fishery for largemouth bass, black crappie, bluegill, and other centrarchids. Phosphorus values for the lakes are generally in the 10-20 µg/L range, but Swift Creek Pond has higher phosphorus values and there may be other phosphatic areas. An example is Chunky Pond near the western edge of the Northern Brooksville Ridges (75-05).

75-03 The **Upper Santa Fe Flatwoods** region, with elevations generally 120-180 feet, is an area of pine flatwoods with some swamp forests. Lakes in this region include Alto, Butler, Crosby, Hampton, Hickory Pond, Little Santa Fe, Punchbowl, Rowell, Sampson, and Santa Fe. The lakes occur on thin Pliocene-Pleistocene sediments that overlie the deeply weathered sand and kaolinitic clay of the Miocene Hawthorn Group. The lakes of the region are slightly acidic, colored, with low to moderate nutrients. The pH and alkalinity levels are slightly higher than the Okefenokee Plains (75-02) to the north, and phosphorus levels of the lakes are relatively low, averaging in the 10-15 µg/L range. Lakes Rowell and Sampson have different water chemistry values due to wastewater treatment plant discharges from the city of Starke via Alligator Creek.

75-04 From a narrow ridge in the north, the **Trail Ridge** lake region broadens to the south, becoming a karstic landscape with numerous solution depressions and lakes. The region is dominated by well-drained, nutrient-poor upland soils, such as the Candler, Apopka, Astutula, and Tavares series, with longleaf pine-xerophytic oak vegetation. Lakes in the Trail Ridge region are mostly small, acid, clear, oligotrophic lakes. To the south, conductance and macrophytes in the lakes tend to increase. Atmospheric deposition might be contributing to some acidification of lakes in this region. Kingsley Lake is one of the largest lakes in the region and one of the deeper lakes in Florida. It differs from other Trail Ridge lakes, with higher pH, alkalinity, and a different cation/anion mix that reflects groundwater inputs.

75-05 The **Northern Brooksville Ridge** region has an irregular land surface, with elevations varying over short distances from about 75 feet to over 100 feet. The region is dominated by pine flatwoods and swamp forests over peat, muck, clayey sand, and phosphatic deposits. The few lakes in the region are primarily in the southern part, and include Ocean Pond, Palestine Lake, Swift Creek Pond, and Lake Fisher. These are highly acidic, darkly colored, softwater lakes. The region's median pH value of 4.7 is the lowest of all the Florida lake regions. Although Ocean Pond is one of Florida's most acidic lakes, it supports a sustained sport fishery for largemouth bass, black crappie, bluegill, and other centrarchids. Phosphorus values for the lakes are generally in the 10-20 µg/L range, but Swift Creek Pond has higher phosphorus values and there may be other phosphatic areas. An example is Chunky Pond near the western edge of the Northern Brooksville Ridges (75-05).

75-06 The **Big Bend Karst** region, with elevations generally 120-180 feet, is an area of pine flatwoods with some swamp forests. Lakes in this region include Alto, Butler, Crosby, Hampton, Hickory Pond, Little Santa Fe, Punchbowl, Rowell, Sampson, and Santa Fe. The lakes occur on thin Pliocene-Pleistocene sediments that overlie the deeply weathered sand and kaolinitic clay of the Miocene Hawthorn Group. The lakes of the region are slightly acidic, colored, with low to moderate nutrients. The pH and alkalinity levels are slightly higher than the Okefenokee Plains (75-02) to the north, and phosphorus levels of the lakes are relatively low, averaging in the 10-15 µg/L range. Lakes Rowell and Sampson have different water chemistry values due to wastewater treatment plant discharges from the city of Starke via Alligator Creek.

75-07 The **Marion Hills** lake region, generally 75-180 feet in elevation, is an area of bays, pastures for cattle, cropland, and mixed hardwood and cypress forests. Miocene-age Hawthorn Group sediments of clayey sands compose much of the hill systems, with the Eocene-age Ocala Limestone near the surface in much of the intervening karst terrain. The region has few if any natural lakes, but contains about a dozen small ponds and some wet prairie areas. Pond chemistry is likely to be alkaline in locations influenced by the near-surface limestone, and less so for lakes in the hilly Hawthorn sands.

75-08 The **Central Valley** lakes tend to be large, shallow, and eutrophic, although lake size and type are variable. The lakes tend to have abundant macrophytes or are green with algae. Total phosphorus values are mostly in the 20-80 µg/L range, alkalinity values range widely, and pH values are generally greater than 6.5. The northern lakes in sandy deposits, such as Lake Eaton, Lochloosa Lake, Newnans Lake, Orange Lake, and Lake Wauberg, are characterized as softwater eutrophic lakes, and tend to have lower pH and darker water than the southern lakes. The southern lakes, such as Apopka, Carrizo, Bona, Harris, Eotis, Yale and Griffin, often receive mineralized groundwater as well as surface inflows through nutrient-rich soils, and are eutrophic to hypertrophic hardwater lakes. Canals have altered the natural flow patterns for many of these southern lakes in the Oklawaha chain, and agricultural activities at the muck soils, along with municipal and industrial wastes, have added chemicals and nutrients to the connected surface water system.

75-09 The **Ocala Scrub** is a region of ancient dunes with excessively drained, dry sandy soils (Candler and Astutula series) and sand pine scrub forests. The western two-thirds of the region is underlain by deeply weathered Miocene-age Hawthorn Group deposits, and contains more clayey sand and areas of longleaf pine and turkey oak. Elevations range from 75-180 feet. The eastern portion is lower in elevation and contains medium to fine sand and silt developed on Pleistocene-age sand dunes. The Ocala Scrub contains acid, mostly clearer, low-nutrient lakes. The clear lakes are generally on the highly sandy ridges, moderate color lakes are in lower transitional areas, and some prairie lakes can have darker water.

75-10 The **Eastern Flatlands** lake region is a region of low relief, with elevations from 75-125 feet, has only a thin veneer of sand or clayey sand over the Ocala Limestone and contains few lakes. The drainage is primarily internal, and during wet years and high water tables do shallow, temporary lakes exist in the solution depressions. The small shallow lakes can vary widely in their characteristics; some having high pH, alkalinity, and conductivity with variable nutrients, color, and clarity, while other prairie lakes are more acidic and dark.

75-11 The **Clermont Uplands** is a region of prairies, swampy solution lakes, and low to high sand hills covered by citrus groves. Elevations range from 100 feet in the lower swamp and prairie areas to 300 feet on the highest hills of the Sugar Loaf Mountains. The natural vegetation consists of pine flatwoods, water-tolerant grasses, and hardwood swampy forests in the lowlands, and longleaf pine/xerophytic oaks on the well-drained uplands. Lakes of this region tend to be slightly acidic, softwater lakes that are oligotrophic to slightly mesotrophic. Some lakes have low color and high Secchi values, while other lakes that receive drainage from the Green Swamp (75-26), such as Lake Louisa, are very dark.

75-12 The **Doctor Phillips Ridge** is a small ridge of thick sands with elevations of 100-170 feet, and contains over 30 solution depression lakes. The sandy soils of the Tavares-Zolfo-Milho formation are predominant. The lakes in this region are generally clear, circumneutral, and low in nutrients. As a group, these are some of the clearest lakes in central Florida. The clearer lakes tend to be deeper than the others in the region, and the slightly darker lakes, such as Lake Sheen, are lower in elevation or have water, lowland-type soils near the lake. Lake Floy is darker with unusually high nutrients, but is heavily impacted by road and stormwater drainage.

75-13 The **Orlando Ridge** is an urbanized karst area of low relief, with elevations from 75-120 feet. Longleaf pine and xerophytic oaks were the dominant trees of the natural vegetation, with soils primarily of the Tavares, Smyrna, and Pomello series. Miocene-age coarse quartz sands and pebbles imbedded in kaolinitic clay form the ridge. Phosphorus sand and clayey sand are at a shallow depth, and the soils in this region can be characterized as clear, alkaline, hardwater lakes of moderate mineral content. They are mesotrophic to eutrophic, with phosphorus levels generally between 20-50 µg/L, but it is difficult to distinguish between effects of urbanization and natural phosphorus levels here. Lakes are more phosphatic than the Crescent City/Deland Ridges (75-11), and only slightly more than the Apopka Upland (75-16).

75-14 The low-relief **Tampa Plain** region is drained mostly by the Palmettochee, Anclote, and Lake Tarpon basins, with elevations ranging from 5 to 60 feet. Pine flatwood vegetation was dominant in this area. Medium to fine sand and silt over the Miocene Tampa and Hawthorn groups and the Quaternary Ft. Thompson Formation clastics and shell deposits. The region has slightly acidic, darkerwater, mesotrophic lakes, in contrast to the clearer lakes of the bordering Keystone Lakes (75-23) and Land-o-Lakes (75-24) regions.

75-15 The **Keystone Lakes** region is a small, well-drained, sandy upland area within the Tampa Plain, with elevations ranging from 5 to 60 feet and numerous lakes. The lakes are slightly acidic, low nutrient, mostly clearer lakes. The region has lower pH, alkalinity, and nitrogen values than in the nearby Land-o-Lakes region (75-24), and there is also less citrus and residential development.

75-16 The **Land-o-Lakes** is a sandy upland with poorly drained soils interspersed. The region has a high density of sand and silt. Elevations range from 30 to 100 feet and separates the Tampa Plain and Hillsborough Valley. Natural vegetation was dominated by longleaf pine and turkey oak, now mostly removed for citrus groves and residential development. The lakes are generally neutral to slightly alkaline, low to moderate nutrient, clearer lakes.

75-17 The **Hillsborough Valley** lake region is a plain of low relief containing relatively sluggish surface water from the ridge. Phosphorus sand and clayey sand are at a shallow depth, and the soils in this region can be characterized as clear, alkaline, hardwater lakes of moderate mineral content. They are mesotrophic to eutrophic, with phosphorus levels generally between 20-50 µg/L, but it is difficult to distinguish between effects of urbanization and natural phosphorus levels here. Lakes are more phosphatic than the Crescent City/Deland Ridges (75-11), and only slightly more than the Apopka Upland (75-16).

75-18 The **Green Swamp** is a distinctive area of flatland and swampland at a relatively high elevation. 75-150 feet, and contains the headwaters of the Withlacoochee, Oklawaha, and Hillsborough rivers. The Green Swamp region is a Miocene-age Ocala Limestone in the west, and Miocene-age Hawthorn Group sediments to the east. The vegetation includes cypress in the swampy areas, pine flatwoods, and some pine oak in the better-drained upland areas. The water table is at or near the surface in much of the region, with large areas of standing water after heavy rainfall. Surface waters are generally colored and acidic, but there are few, if any, natural lakes.

75-19 The **Osceola Slope** is composed of Pleistocene lagonal deposits with a top layer of medium to fine sand and silt. Elevations are generally 60-90 feet, with Smyrna, Myakka, and Tavares soils on the better-drained low ridges and knolls, and Basinger and Samnals soils in the wet and swampy areas adjacent to the larger lakes. Vegetation is primarily pine flatwoods, but often low, dry ridges have turkey oak and sand scrub. Osceola Slope lakes are acidic, relatively low nutrient, colored lakes. The lakes have lower color, pH, alkalinity, conductivity, and nutrient values than lakes in the Kissimmee/Okceehobe Lowland (75-35).

75-20 The **Wimaua Lakes** region is a very small area that includes only two lakes, Lake Wimaua and Carlton Lake. These are clear, alkaline, low nutrient, small water bodies. The soils in this area are a complex mosaic of alkaline and acid sands. The existence of other relatively anomalous clear, acidic, oligotrophic lakes within the Southwestern Flatlands (75-36) region is not known, although there are probably very few others similar to Wimaua and Carlton.

75-21 The **Lakeland-Bone Valley Upland** region includes the sand hills of the Lakeland Ridge, and the more poorly drained flatwoods areas of parts of the Bone Valley Uplands and Bartow Embayment. All of these areas are covered by phosphatic sand or clayey sand from the Miocene-Pliocene Bone Valley Member of the Peace River Formation. The region generally encompasses the area of most intense phosphatic mineralization, but phosphatic deposits and mining activities are also found south of this region. As one would expect, the dominant characteristic of all lakes in this region is high phosphorus, nitrogen, and chlorophyll *a* values. The lakes are alkaline, with some receiving limestone-influenced groundwater.

75-22 The **Winter Haven/Lake Henry Ridges**, an upland karst area 130-170 feet in elevation, has an abundance of small to medium sized lakes. Candler-Tavares-Apopka is the soil association of the well-drained upland areas, with longleaf pine and xerophytic oak natural vegetation. Phosphate quarry pebbly sand and the phosphatic Bone Valley Member (Peace River Formation) comprise the underlying geology. The lakes can be characterized as alkaline, moderately hardwater lakes of relatively high mineral content, and are eutrophic.



Clearcut logging around Lake Five-o-rain region 65-01.



Lake conditions vary in this suburbanized residential area north of Tallahassee, region 65-04.



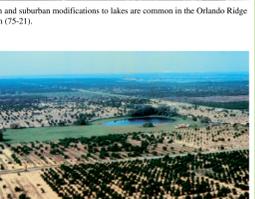
Some coastal dune lakes in 75-01 contain freshwater fish, with saltwater fish in the more saline bottom layers.



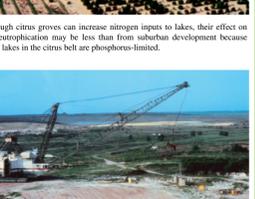
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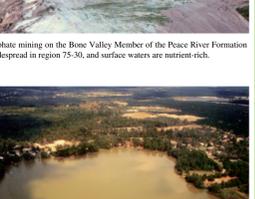
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